

HOLY VESSELS



A LENTEN SEASON OF RECOVERY

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“He took our infirmities and bore our diseases.” Matthew 8: 17b

Each of us is created a precious and holy vessel of embodied love. We have been through a harrowing time since last Lent that has shattered our sense of wholeness—body, mind, and spirit—like a glass vessel fractured into pieces. In this Lenten “season of recovery” for our physical, communal, mental, intellectual, and environmental health, we will explore the healing narratives of Jesus that tell of divine solidarity with human suffering and remind us that we can begin a journey toward making something beautiful from that which is seemingly broken. Beach glass offers us a multifaceted symbol of this transformative process.

Ash Wednesday: Shattered

Ash Wednesday is a time of naming brokenness. As we enter the season of Lent, we commit to enter also into a season of healing and recovery that requires the naming of what has been shattered as a first step. We take “the yoke” of responsibility as disciples of Jesus to be the Body of Christ—a body of those who need healing and offer healing in the world. The promise of Jesus is that he is with us in our weariness and burdens.

“Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.” - Matt 11: 28-30

Lent 1: Treasure (Physical Health)

Beach glass begins as something whole and yet discarded. As it is tumbled by the sea, it is broken and polished until it becomes a treasured “mineral gem.” We do not embrace that suffering is necessary or God-given, but that suffering is a part of life. When pain comes and brokenness enters our lives, Jesus reaches out to touch and remind us of the Treasure that we *all* are—worthy of new life in the midst of hopelessness. In a year when pandemic has wreaked havoc on our world, we begin by affirming our journey to physical health.

When Jesus had come down from the mountain, great crowds followed him; and there was a leper who came to him and knelt before him, saying, “Lord, if you choose, you can make me clean.” He stretched out his hand and touched him, saying, “I do choose. Be made clean!” Immediately his leprosy was cleansed. Then Jesus said to him, “See that you say nothing to anyone; but go, show yourself to the priest, and offer the gift that Moses commanded, as a testimony to them.” - Matt 8: 1-4

That evening they brought to him many who were possessed with demons; and he cast out the spirits with a word, and cured all who were sick. This was to fulfill what had been spoken through the prophet Isaiah, “He took our infirmities and bore our diseases.” - Matt 8: 16-17

Lent 2: Safe Keeping (Community/Economic Health)

God gathers us as a Beachcomber gathers and marvels at every precious surviving piece of beach glass she finds. We are never alone, we are never lost to the One who seeks humanity’s wholeness. We affirm our commitment to be the Body of Christ that knows we cannot be personally healed until we see the interconnected community as part of the process of healing. Jesus has the power to re-vision the family of God in which false boundaries are overcome. In a year of devastating loss of livelihood, we consider the economic health that reimagines status quo.

When he entered Capernaum, a centurion came to him, appealing to him and saying, “Lord, my servant is lying at home paralyzed, in terrible distress.” And he said to him, “I will come and cure him.” The centurion answered, “Lord, I am not worthy to have you come under my roof; but only speak the word, and my servant will be healed. For I also am a man under authority, with soldiers under me; and I say to one, ‘Go,’ and he goes, and to another, ‘Come,’ and he comes, and to my slave, ‘Do this,’ and the slave does it.” When Jesus heard him, he was amazed and said to those who followed him, “Truly I tell you, in no one in Israel have I found such faith. I tell you, many will come from east and west and will eat with Abraham and Isaac and Jacob in the kingdom of heaven, while the heirs of the kingdom will be thrown into the outer darkness, where there will be weeping and gnashing of teeth.” And to the centurion Jesus said, “Go; let it be done for you according to your faith.” And the servant was healed in that hour. - Matt 8: 5-13

Lent 3: Stories (Mental Health)

Those who collect beach glass often become “archeologists”—seeking out any markings or clues as to the story of the original piece. It often takes much time to bring out the truth behind it. This week we acknowledge the power of truth-telling as a healing property. There are stories that have shaped our lives, leaving us without the ability to see who we truly are in the eyes of God and leaving us without the ability to speak the depth of our stories of struggle. We focus on the importance of recovery of mental health, reclaiming our sense of who we are and being able to proclaim new redemptive stories of divine worth.

As Jesus went on from there, two blind men followed him, crying loudly, “Have mercy on us, Son of David!” When he entered the house, the blind men came to him; and Jesus said to them, “Do you believe that I am able to do this?” They said to him, “Yes, Lord.” Then he touched their eyes and said, “According to your faith let it be done to you.” And their eyes were opened. Then Jesus sternly ordered them, “See that no one knows of this.” But they went away and spread the news about him throughout that district. After they had gone away, a demoniac who was mute was brought to him. And when the demon had been cast out, the one who had been mute spoke; and the crowds were amazed and said, “Never has anything like this been seen in Israel.” -Matt 9: 27-33

Lent 4: Different Pictures (Intellectual Health)

Prolonged times of difficulty can impede our ability to stay creative. The picture of our lives is dulled and hope for a brighter future can fade. We need a touch of inspiration to awaken us from our sleep, as we hear in one of this week’s healing stories. We also awaken to our agency to seek out the Divine Healer, reaching out to touch the power we know can restore our intellect and imagination. We emerge ready to re-engage with the world, seeking and seeing solutions, creating different pictures of life renewed just as a mosaic artist creates beauty from broken pieces of glass.

While he was saying these things to them, suddenly a leader of the synagogue came in and knelt before him, saying, “My daughter has just died; but come and lay your hand on her, and she will live.” And Jesus got up and followed him, with his disciples. Then suddenly a woman who had been suffering from hemorrhages for twelve years came up behind him and touched the fringe of his cloak, for she said to herself, “If I only touch his cloak, I will be made well.” Jesus turned, and seeing her he said, “Take heart, daughter; your faith has made you well.” And instantly the woman was made well. When Jesus came to the leader’s house and saw the flute players and the crowd making a commotion, he said, “Go away; for the girl is not dead but sleeping.” And they laughed at him. But when the crowd had been put outside, he went in and took her by the hand, and the girl got up. And the report of this spread throughout that district. - Matt 9: 18-26

Lent 5: Restoration (Environmental Health)

The demands of following Jesus are great. He shows us that sometimes we must make extraordinary efforts to move in a new direction. As we consider the health of humanity, we cannot ignore the need to heal the very planet that sustains us. We live in increasing chaos of a beleaguered environment and the hoarding of resources. We want to be “saved” by something or someone else, but we discover this week that we are in the boat with the One who shows us our power to turn it around, to calm the storm. We protect the jewel that is our home, making something beautiful from scars of the past.

Now when Jesus saw great crowds around him, he gave orders to go over to the other side. A scribe then approached and said, “Teacher, I will follow you wherever you go.” And Jesus said to him, “Foxes have holes, and birds of the air have nests; but the Son of Man has nowhere to lay his head.” Another of his disciples said to him, “Lord, first let me go and bury my father.” But Jesus said to him, “Follow me, and let the dead bury their own dead.”

And when he got into the boat, his disciples followed him. A windstorm arose on the sea, so great that the boat was being swamped by the waves; but he was asleep. And they went and woke him up, saying, “Lord, save us! We are perishing!” And he said to them, “Why are you afraid, you of little faith?” Then he got up and rebuked the winds and the sea; and there was a dead calm. They were amazed, saying, “What sort of man is this, that even the winds and the sea obey him?” - Matt 8: 18-27

Lent 6 (Palm/Passion): Holy, Wholly (Integrated Health) Matt 9: 1-8

We have seen that the stories of Jesus’ healing ministry are filled words *and* deeds. Our ability to forgive ourselves and others is the foundation that can transform infirmities and allow us to move on. We integrate our beliefs and actions for the health of the whole. The parade of compassionate power we celebrate today is underscored by a story of transformation, symbolizing our ability to fuel our movement of recovery. We glorify God for beautiful words and works of wholeness and share that treasured beauty with others. We know there will still be pain, but we also know love will win.

And after getting into a boat he crossed the sea and came to his own town. And just then some people were carrying a paralyzed man lying on a bed. When Jesus saw their faith, he said to the paralytic, “Take heart, son; your sins are forgiven.” Then some of the scribes said to themselves, “This man is blaspheming.” But Jesus, perceiving their thoughts, said, “Why do you think evil in your hearts? For which is easier, to say, ‘Your sins are forgiven,’ or to say, ‘Stand up and walk’? But so that you may know that the Son of Man has authority on earth to forgive sins”—he then said to the paralytic—“Stand up, take your bed and go to your home.” And he stood up and went to his home. When the crowds saw it, they were filled with awe, and they glorified God, who had given such authority to human beings. - Matt 9: 1-8 [also Palm/Passion narratives as desired]

Holy Week: Healed and Still Healing (Commission of Christ) Matthew 10: 1 - 8

This culminating moment of our worship series invites us to consider a commission from Christ to his disciples: to heal the sick, raise the dead, cleanse lepers, and cast out demons. These are very things his disciples have seen him do and that we have sought to witness for our own lives in this Lenten season of recovery. What will *we* do with this commission? What passion has been piqued in our church that we can offer to our community beyond this moment as we continue to participate in the revival of the spirit of humanity? How will we address ongoing pain, ourselves “healed and yet still healing?”

Then Jesus summoned his twelve disciples and gave them authority over unclean spirits, to cast them out, and to cure every disease and every sickness. These are the names of the twelve apostles: first, Simon, also known as Peter, and his brother Andrew; James son of Zebedee, and his brother John; Philip and Bartholomew; Thomas and Matthew the tax collector; James son of Alphaeus, and Thaddaeus; Simon the Cananaean, and Judas Iscariot, the one who betrayed him. These twelve Jesus sent out with the following instructions: “Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. As you go, proclaim the good news, ‘The kingdom of heaven has come near.’ Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment.”
- Matthew 10: 1 - 8

Note: Easter resurrection is the ultimate story of healing. In following the liturgical year, Easter Sunday can be considered the end of the Lent cycle or the beginning of the Easter Season. So you may choose to combine your Easter worship traditions with this series or the next. Consider creating a mosaic cross out of the broken glass to unveil on Holy Week and/or Easter Sunday.