

# Harbor Light

Volume 23 .3

March 2023



## REFLECTIONS FROM PASTOR MARY IVANOV



The season of Lent is especially poignant for me this year. In the midst of watching my mom go through cancer treatment, the recent act of gun violence that has affected our daughter and the MSU community, needs in our Muskegon community, the ongoing war in Ukraine, devastation in Turkey and Syria after earthquakes and aftershocks, and so many other things, hearing the challenge of claiming both my mortality and need for forgiveness is powerful. Focusing on walking with Jesus into and out of the valley of the shadow of death cuts to the heart.

**Lent is a time for personal transformation – and for community transformation.** It's a "both/and" time, and I invite us to embrace that by what we choose to give up and/or take on. How can we mark this sacred time more intentionally? Here are **some ideas for engaging:**

- Make a commitment to **worship every Sunday during Lent** as we focus on ***Living Our Baptismal Calling***.
- Read Scripture every day (Psalms or one of the Gospels is a good place to start) and/or use a **daily devotional** (*Upper Room* is shared on our Facebook page).
- Use the ***40 Days Together*** materials from our Education Team.
- **Pray 5 times each day:** (1) when you wake up, (2) at breakfast or morning coffee, (3) at lunchtime or on a break at work, (4) at dinnertime, and (5) before you go to bed. Your prayers don't have to be long, only consistent.
- Offer more **intentional prayers for the world during this season** - and use a globe, map, or phone app to be more consistent and focused. Pray especially for missionaries who serve around the world. Come to our **Prayer Service on Wed., March 29.**
- **Join a Bible study** for the season.
- Do the **[#40days40items Challenge](#)** - Each day during Lent, remove at least one item that you don't use or wear anymore. Then, donate these items after Easter.
- **Write a note or text of gratitude** to someone each day or each week.
- **Commit to more consistent giving and/or tithing** for the season.
- Find a time to **fast (only if possible) and pray:**
  - Fast from solid food and drink only liquids for a meal
  - Eat only fruits or vegetables (similar to a Daniel fast)
  - Fast from technology and/or social media in order to be more present to God and others
  - John Wesley's fast (sundown until 3:00 p.m. the following day)

May God help us **make the time** to nurture our relationship with God and each other. May God bless you as we walk with Jesus in faith and trust, and may God continue to guide us in prayer for our community and our world. See you on Sunday, *Pastor Mary*

**March Worship News** by Karen Booth

**March 5, 2023: “Called to Be Born Again”** *Scripture:* John 3: 1-17  
*Synopsis:* Nicodemus asks Jesus what it means to be “born again,” and we might have similar questions about our faith. “Born again” has become almost “code language” rather than an invitation to be in relationship with God. Baptism is the sign and ordinary means of rebirth. But the water and the ritual alone do not make rebirth happen. This is the Spirit’s work.

**March 12, 2023: “Called to Thirst No More”** *Scripture:* John 4: 5-42  
*Synopsis:* Like the Samaritan woman whom Jesus encounters at the well, personal and cultural baggage can prevent us from seeing and experiencing the saving power of God in Jesus Christ. What do we need to let go of to enable us to walk faithfully with all who come seeking living water?

**March 19, 2023: “Called to Be Healed”** *Scripture:* John 9: 1-41  
*Synopsis:* We are born with a spiritual blindness that only being born again corrects. Healing, restoration, and new life await those who open their hearts and minds to Jesus. And we’re called to support each other as we grow in faith together.

**March 26, 2023: “Called to Come Forth”** *Scripture:* John 11: 1-45  
*Synopsis:* Today’s story takes great pains to show us that Lazarus was really and truly dead. And, as Martha reminds us, there is already a stench around the tomb. We too are dead in our trespasses and sins. In baptism, Jesus restores us and calls the community to complete what he has begun. In community, we become witnesses to the power of God to bring new life.

**Looking ahead to Holy Week, April 2- 9:** We’ll have a finger food potluck before our **Holy Thursday** worship service on April 6. It will be followed by a Prayer Vigil in the sanctuary from 8:30 p.m. Thursday until at 10:30 a.m. Friday. Look for a sign-up sheet in the near future for both “prayers” and those who will keep watch at the door. We’re hosting our Muskegon Methodist Ministries Good Friday Worship Service.

 We’ll celebrate the **Sacrament of Holy Baptism on Easter Sunday, April 9.** If you’re interested in being baptized, or bringing your children for baptism, please contact Pastor Mary to an appointment for further conversation. **Membership class will also be offered this Spring.** Please contact Pastor Mary if you’re interested in considering membership at Lake Harbor.

*Worship Connections Teams* **Worship Connections Team meetings** are open to everyone. Karen Booth leads the Worship Connections Team which meets most Mondays at 1:00 p.m. at church. Please contact Karen (231-798-8431 or [kwbooth@comcast.net](mailto:kwbooth@comcast.net)) for details. Niki Epplert leads the Celebration Team. Please contact Niki (231-750-2114 or [jikiskycam@comcast.net](mailto:jikiskycam@comcast.net)) for details. **Worship Connections Calendar**

Mon., March 6	1:00 pm	Worship Connections Team Meeting
Mon., March 13	1:00 pm	Worship Connections Team Meeting
Thurs., March 16	6:30 pm	Celebration Planning Team Meeting
Mon., March 20	1:00 pm	Worship Connections Team Meeting
Mon., March 27	6:00 pm	Brainstorming dinner at the Booths’
	7:00-9:30 pm	Brainstorming for <i>Dare to Dance Again</i>

## “Dare to Dance Again” All-Church Worship Brainstorming - Monday, March 27, 2023

The worship brainstorming will be held at Dave and Karen Booth’s house, 5725 Westwood Drive, Norton Shores. We will have a potluck dinner at 6:00 p.m. Please bring a dish to share. Brainstorming is from 7:00-9:30 p.m.

As Easter people, we are called to dance our dances of freedom for all the world to see – even and perhaps especially in times of great difficulty. Dances of hope. Dances of justice. Dances of love. During this season, post-resurrection stories point to the joy of living in the beloved community and extending that fellowship through our witness as we dare to dance again.

More information about each week’s Scripture and message will become available at church and on our website. RSVP to Karen Booth ([kwbooth@comcast.net](mailto:kwbooth@comcast.net), 231-798-8431, or 231-557-1069), call the church office (231-798-2181), or sign up at church.

### Directions to the Booths’ from church:

Take HENRY St south to MOUNTGARFIELD (1.2 mi)

Turn right (west) onto MOUNT GARFIELD (0.7 mi).

MOUNT GARFIELD dead-ends at Lake Harbor.

Turn right (north) on LAKE HARBOR (0.1 mi).

Turn left (west) on WESTWOOD DRIVE (0.2 mi).

The Booth’s have a 1½ story tan brick house on the left side of the street.

**Note:** The street numbers will change from the 1500’s to the 5700’s as the road curves.



**Radical Hospitality** The season of Lent is a time to refocus, and it invites people to come back to God. As you worship, make a point to greet others and reconnect during this time.

**Share Facebook posts** that invite others to participate in the opportunities to worship, study Scripture, and give! You can also **share our YouTube channel** (Lake Harbor UMC) where people can connect and access all of our worship service recordings.

**Facebook Hosts needed!** We’re looking for people who would serve as online hosts during our **livestream on Facebook**. This is an important role as we “welcome all” who connect online. If you’d be interested in learning more, please contact Pastor Mary.

 **Coffee Time is offered 9:00 a.m. worship** on the 3<sup>rd</sup> Sunday of the month, and we’re looking for hosts. **Please sign up** at the Welcome Center for 2023 dates.

**Celebration service (11:00 a.m. worship)** is offering Fellowship Time on the 3<sup>rd</sup> Sunday of each month, serving refreshments at the back of the sanctuary after worship. If you’d like to volunteer, please contact Sheryl Thompson.

**If you’re on Facebook, make sure to CONNECT and SHARE what’s going on:**

- Lake Harbor United Methodist Church page (**livestream Sunday worship**)
- Lake Harbor UMC – closed group
- LHUMC Children’s Ministry – closed group
- Lake Harbor Youth Group – page





## LAKE HARBOR'S MUSIC MINISTRY



*"God gave us music that we might pray without words."*

**CHOIR** rehearses **Wednesdays, March 1 & 15 at 6:30 p.m.** and **Sunday mornings at 8:15 a.m.** Please join us! All are welcome to praise God in song!

**HAND BELLS** rehearse on **Sunday evenings (March 5, 12, 19 & 26) from 6:00-7:30 p.m.** in the music room.



**PRAISE TEAM** rehearses on **Saturdays at 10:00 a.m.** Contact Michael Boersma at 231-638-0522 if you're interested in joining them.

### *"Lord, Hear our Prayers..."*

*When you can't put your prayer into words, God hears your heart.*

**Our next Prayer Service** is **Wednesday, March 29 at 6:00 p.m.** in our sanctuary. This is intentional time to lift up our prayers to God and to pray for our congregation, community, and world – and to remember the words of Jesus: *where two or three are gathered in my name, I am with them.*

**Our Prayer Chain** is a way for you to be more intentional about praying for others. Contact the office at [Office@LakeHarborUMC.org](mailto:Office@LakeHarborUMC.org) if you want to be included on the **E-mail Prayer Chain**.

**Prayer Requests** are printed off each Thursday and posted on the tower by the sign-in tables.



**We ask God's blessing on Wanda Frutche**y as she turns **100 years old on March 18**. Cards can be sent to her at: 5610 Cooper Sands Run, Fruitport, MI 49415.

## INTENTIONAL FAITH DEVELOPMENT



*Our mission is to make disciples of Jesus Christ for the transformation of the world.*

*Our vision is that all people may experience the love of Jesus.*

*Our call then, is Love: welcoming all, empowered by Christ, sent forth to serve.*

**March/April Upper Room devotionals** (both small and large print) are available at church. **Devotional readings** are also **posted on our Facebook page** every day.

**GET CONNECTED – JOIN A BIBLE STUDY!** There are lots of options to choose from!

**Tuesday morning Bible study** meets at **10:00-11:30 a.m.** in the Lounge – and on Zoom. We're studying wisdom from Proverbs and the prophet Elijah in I and II Kings, focusing on spiritual stamina in every season.

**Men's Bible Study** meets on **Tuesdays – March 7, 14, 21, & 28 at 7:00 p.m.** The subject for the next few months is "The Short Books of the Bible." If you have questions, contact Mike Layman.

**Women's Bible Study** meets on **Tuesdays – March 7, 14, 21, & 28 at 6:30 p.m.** in the Lounge. Friends are always welcome. Bring a Bible and yourself. Questions? Contact facilitator Niki Epplert at 231-750-2114.

**SATURDAY SISTERS BIBLE STUDY:** In March, we'll be starting a new study focusing on the book of Ephesians. Join us to reflect on the Apostle Paul's letter written as a guide toward unity with God and other believers. New members always welcome! We meet every Saturday morning from 10:30a.m.-12:00

p.m. at Rose Emmons' home (5474 McDowell St.). Come find the joy of Christian sisterhood as you grow in your journey with Christ!

**WOMEN'S PRAYER GROUP** meets on **Sat., March 11 from 9:30-10:15 a.m.** at Rose Emmons' home (5474 McDowell St.). We hope to see you then to spend some time in intentional prayer and praise! All are welcome.

 **Our Social Justice small group** will meet on **Thurs., March 9**. This is an opportunity to share, reflect, hear each other's stories, and help each other do the work of seeking justice where we are.

**Social Justice Issue:** Celebration Worship chooses a **prayer focus each month** related to social justice – **how our faith connects to important social issues**. We begin with prayer, and we're called to action. In March, our focus is **Mental Health**. Watch for more information to raise your own awareness and be involved in efforts to help.



GriefShare offers help and encouragement after the death of a loved one. Our current session on meets on **Mondays at 6:30 p.m. through March 27**. More information is at [www.griefshare.org](http://www.griefshare.org). Please share this with family, friends, or neighbors. Our next session will begin in August.



## CHILDREN'S CHRISTIAN EDUCATION NEWS...

March birthday blessings to our Sunday School friends:

Lillian Verry 3/1

Alexis Kever 3/6

Will McNeranay 3/17

**Sunday School** meets at **10:15-10:45 a.m.** for kids and youth. Preschool-5<sup>th</sup> graders meet downstairs. Grades 6-12 meet upstairs.



**Sharing '40 Days Together':** This is a special opportunity for families to be intentional about spending 40 hours together during Lent. The package that families will receive has ideas and suggestions for many ways that families of all sizes and ages can use to engage with each other with the goal being time together, just being together, rather than time spent doing specific activities and feeling like there's one more 'to do' thing on their list! God meets us in many places, in many ways, and it's our hope and prayer that you'll

find God in many of the daily moments! These will be **ready for families to take home on the first Sunday in Lent, Sunday, Feb. 26**. After that, you can stop in during office hours to pick up one or make arrangements with Kate, Sandy, Jimmy, or Niki.



**'You've been Egged!'** Our students will be making and bringing home an Easter surprise so they can bless another family. Bags will be made with a dozen Easter eggs in them - 6 filled with toys, 5 filled with candy, and one left empty to represent the empty tomb. Students will bring home a bag with directions for blessing another family in their neighborhood with this Easter Surprise! **The bags will be ready for pickup on Sun., March 26**. (This is a little early for Easter, but because of Spring Break, there's no Sunday School on April 2, and we want to get them into families hands before Easter!)



**We need candy for our Easter eggs!** We're looking for donations of candies,

individually wrapped and small enough to fit into plastic Easter eggs. We also need plastic Easter eggs. Please bring them in to the orange tub near the sign in tables by March 19. Thanks for your help!



It's a good time to think about warmer weather and all of the fun that camping brings! If you're interested in a camping experience through the United Methodist Church, go to: [www.umcamping.org](http://www.umcamping.org) and [www.lakelouisecommunity.org](http://www.lakelouisecommunity.org) to learn more. There are camps for all ages, and scholarship funds are available. If you have any questions, please contact Niki Epplert at 231-750-2114.

## Lake Harbor Youth Groups

**Youth Group meetings:** Middle School (5<sup>th</sup>-8<sup>th</sup> grade) at 6:00-7:00 p.m. and High School at 7:00-8:00 p.m. Youth will meet on **Wednesdays: March 1, 8, 15, 22, and 29.**

**Looking ahead:** We will NOT meet during Spring Break (April 5).



**A huge Thank You** to everyone who supported our Chili Cook-off. It was a fun night, full of great food. We raised just over \$1,000 dollars for our mission trip this summer! This year's crowd favorite was Grayson Drexler's "Crack Chicken Chili" so he brought home the cup and the bragging rights that go with it! Congratulations, Grayson!



**Valentines:** Students of all ages enjoyed making Valentine's Day cards for our homebound friends. We heard a story about a young person and a senior, at very different stages of life, finding common ground and building a strong bond. This led to a conversation about changes in life - and that the one thing that will never change is God's



love for each one of us! Blessing others was a blessing to us!

**Youth Director Jimmy Epplert's Contact Info:** Facebook = Jimmy Epplert cell # (231) 750-9707

**Ross Youth Fund** is a great blessing to our congregation and is available to offer financial support to youth and young adults who are participating in mission opportunities, including our HS Youth Mission trip. The application is available as a Google form at this link:

<https://forms.gle/enNyuV1AXwLuAFuh7>

**College Scholarships for United Methodist Students:** Applications are now open for scholarships from the United Methodist Higher Education Foundation. Every year, UMHEF awards \$2+ million to students planning to attend one of the 100+ UM-related colleges, universities, and seminaries across the country.

**Apply by March 1 at** <https://umhef.org/scholarships/apply/>



**Membership, Nurture & Outreach (M.N.O.):** We welcome new members to this fun-loving group! Contact Sheryl Thompson at 231-563-6417 or Karen Post 231-733-2782.



**Thank you to everyone who helped with our Valentine's Day outreach** to our homebound members. We made up 35 goodie bags and 8 cards filled with homemade Valentines from the kids at Lake Harbor and the Girl Scout troop that meets in our building and delicious treats made with love from our members. Deliveries were made by many people. You are loved beyond measure by God and the MNO Team!



**Ross Park Elementary outreach opportunity:** March can be a very stressful month for school staff. "STRESSED" spelled backwards is "DESSERTS." So we're **reaching out on Records Day, Mon., March 13** with desserts, some healthy snacks and a small gift. We are able to do this because of your generous support to our Apple Tree fundraiser last fall. Do you have a cookie, candy, muffin, or cupcake you're famous for or one you know is a winner? Please let us know if you can help out. Please individually wrap your treats. Contact Sheryl Thompson or Myke in the office, 231-798-2181. Please **pray for school staff** and **send those you know a note of encouragement** as they continue to do such important work in our community!



**College Student Care Cards:** Spring Break is in March for most college students, then it's a slippery slope to FINALS. We'd like to support and reach out to them by sending a card, note, and a gift card. You can **donate \$10.00 cash or a \$10.00 Starbucks or Subway gift card toward this ministry.** Cards and gift cards will be given to family members on April 9. **If you'd like to help, please place gift in an envelope marked "College Student Outreach" in the offering plate before April 2 or bring in to the church office.** Please contact the office with questions at 231-798-2181 [Office@lakeharborUMC.org](mailto:Office@lakeharborUMC.org). Thank you!



**Soup Pot Ministry** is in a time of transition. **We're inviting anyone who would like to support this ministry to make soup that could be put in containers, frozen in our church freezer, and available as needed.** If you know someone who could use some meals, call the Office at 231-798-2181.

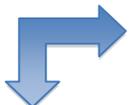


**Ross Park Readers** continue to make a difference in the classroom for both staff and students. We're always **looking for new readers – one hour, one day a week!**

**Lunch Bunch** meets on **Tues., March 14 at 12:30 p.m.** at **Driftwood Café at Tanglewood.** Everyone is invited! Sign up on the Welcome Center. It's a great way to gather with friends and meet new people!

**Photo Directories:** It's never too late to submit a photo or update your photo! Do you have a new family member or a new hairstyle? We're always able to add them in. If you find anything in your information that needs to be changed, please contact Myke in the office. An updated version will be emailed quarterly, so look for it toward the end of March.

**Members on the move...Please keep the office informed** of any changes to your contact information.



## Missions Corner

Missions Team meets every other month, and we're looking for passionate people to join us! Thank you for helping us serve others in Jesus' name. Our **next meeting is Mon., April 17 at 6:30 p.m.** If you have questions or ideas, contact the office or Jill McMahon (231-343-5749, [jdcmmahon23@gmail.com](mailto:jdcmmahon23@gmail.com)).



**2023 Souper Bowl of Caring** brought in **110 cans of soup and \$144** for the **MAP's Food Pantry**. Thank you for your generous support!

**Our February Noisy Offering** supported **Dancing with the Local Stars** in their efforts to raise funds for **local food pantries**. Thank you for your support!



**Our March Noisy Offering** will support **Mission for Area People's Medical Fund** which supports the cost of prescriptions, co-pays, consultations, durable medical equipment, dental work, transportation, or other unmet medical needs, providing limited financial assistance for emergency situations where no other funding sources are secured and referral services for individuals to other community resources. Learn more at: <https://www.missionforareapeople.org/emergency-medical-dental>



**We celebrate UMCOR Sunday** (aka *One Great Hour of Sharing* in your envelope pack) **on March 19**, though you can make an offering anytime. When disasters occur, the United Methodist Committee on Relief (UMCOR) is there to help people recover from the catastrophe and put their lives back together. Donations UMCOR receives through this Special Sunday Offering cover their costs of doing business. Gifts like yours make it possible for UMCOR to use 100% of all other contributions on the projects our donors specify, instead of on administrative costs. This is especially relevant as **UMCOR is responding to needs all over the world, including Turkey and Syria**. You can get the latest information about UMCOR's work on their Facebook page and at <https://umcmmission.org/umcor-international-latest-responses/>



**March MAP Items of the Month:** Pork & Beans/Kidney beans and Deodorant

**Servants are needed** at **MAP Clothes Closet** on **Tues., Feb. 28 and Thurs., March 2 from 12:30-3:00 p.m.** If you're willing to help, call the Office at Lake Harbor at 231-798-2181. Men's clothes are always needed! Clothing donations can be left in the MAP box by the main doors in the sanctuary.

**Supper House:** Our next date to serve is **Tues., March 7 from 3:45-5:30 p.m.** **We now use a team of 6 people to serve guests.** If you're planning on serving, call **Sheryl Thompson at 231-563-6417** so we can plan accordingly.



**Hand2Hand** helps kids with a weekend pack of food. We're collecting **boxed Macaroni and Cheese** to assist Temple UMC to provide meals for students at Edgewood Elementary School. There is a box for your gifts in the sanctuary by the Hand2Hand banner.

**Kids' Food Basket** currently serves at least **1,650 students in Muskegon daily**. Fill the wish list: Fruit cups or pouches, Pudding cups, and Meat sticks (like Slim Jims). Items can be put in the KFB tote in the sanctuary. They also need **sandwich and snack size Ziplock bags** and **decorated bags**.





We serve at the beginning of March – **delivering meals to the Day Center**. Thankfully, we have all our meals covered! Please pray for the families and the leadership of Family Promise.



**The Meijer Simply Give Campaign kicked** runs until April 2 benefiting **Mission for Area People’s food pantry**. Last year’s campaign donated \$11,000 to our healthy food pantry. Your \$10 donation at the local Meijer’s store on **Norton Avenue** at checkout is matched \$10 by Meijer. **Double Match day is Sat., March 4**. Your \$10 gift **becomes a \$30 gift**. Thanks for your support!

**Community Opportunities: Many local organizations are looking for people with a heart to serve** – whether short-term or long-term. **Meals on Wheels** and **Red Cross** need **drivers**. There are opportunities to **mentor**. If you’re looking for a new way to serve, call Pastor Mary. We can help make the connection.



Dave and I would like to thank our Lake Harbor church family for the many prayers, cards, calls and support we have felt these last few months since Dave's fall here in Florida.

After nine weeks of being non-weight bearing and in the hospital/rehab center, I was able to bring him home on Jan. 28 along with a walker. He has started outpatient physical therapy, and we both are so happy to have him home again.

Our community around us continues to help, support, and pray for us. We are so blessed to have a close group here in Florida and our Lake Harbor church family in Michigan. God is so good.

Much love to all, Donie and Dave Sumner

 Thank you for the Valentine Bag of goodies. It was so nice of you to include Ron and me among the recipients of Valentine Bags.

Thank you for the artwork. A special thanks to Janie who made a lot of the artwork in our bag. Thanks also for the yummy goodies and for Communion. It had been quite a while since Ron and I had participated in Communion, so that was special. Thanks for all you do for so many in our congregation!

Love, Vicki and Ron Zuker

 Thank you to those who made and delivered the Valentine goodie bags. It was appreciated. A thoughtful and caring treat for us seniors. Eleanor Daniels

We all appreciate that you opened your space for us to use. The Lounge is perfect for us to work on our projects. Thank you, Pioneer Resource friends

 Thanks for thinking of Robin and Jared on Valentine’s Day! The gifts were appreciated. Blessings to all of you. Renée Hoadley



**From our FINANCE Team:** We’re so thankful to report that we’ve been to support ministry and mission for another year! **At the end of January 2023**, our total income for General Fund was \$44,628. Our total General Fund expenses were \$31,329. All bills are paid in full, and we’re on track with Ministry Shares.

Remember: **it's never too late to offer your Faith Commitment for 2023.** Especially as we enter the season of Lent, paying closer attention to our personal stewardship and making a commitment to give consistently helps us to grow as disciples of the One who gave everything.

**2023 Offering Envelopes** are available for pick up in the office. If you need them mailed to you, please contact the office.



Contributions can be debited automatically from your checking or savings account or processed using your credit card or debit card. Electronic giving offers convenience for you and much needed consistency in giving. You can set up your donations on our website or if you'd rather, stop by the church office for assistance.

To set up your electronic donation on our [www.lakeharborumc.org](http://www.lakeharborumc.org):

- Click on "Give" button
- Click on "Create Profile" button
- Follow onscreen instructions.

Use this QR code to connect to online giving.



It's easy and stress free – and can help us to be more consistent in our giving, which blesses our church.

**From our Trustees:** Did you know that there are **many community groups who use our building** for meetings and gatherings? Most recently, we've been able to support Pioneer Resources as their usual space has been unavailable because of construction. We also continue to support Scouts and others who need a place to meet. What a blessing to offer space! Thanks for your help to create a welcoming space! **Gifts to our Preservation Fund are always appreciated** – whether planned or given anytime!

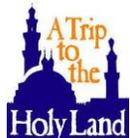
**Lake Harbor UMC's Regular Office Hours** are Monday – Thursday from **9:15 a.m.-4:15 p.m.** We are **closed Friday and Saturday.** LHUMC Office phone is **231-798-2181.** If you leave a message on the answering machine on the weekend, **it will NOT be received until Monday morning.**



If you're in the hospital or care facility, because of the privacy laws, we may not know that you are there. **Please have a family member or friend notify the office at (231) 798-2181.**

Stay connected! **United Methodist Church:** [www.umc.org](http://www.umc.org) **Michigan Area UMC:** <http://michiganumc.org> **Midwest District:** <https://midwest.michiganumc.org/> **Lake Harbor UMC:** <http://lakeharborumc.org>

**From our Midwest District Office:** The Michigan Conference will decrease from 9 to 7 districts as of July 1, 2023. Our current District Superintendent, Rev. Dr. Margie Crawford, will move to the east side of the state to serve. A **Farewell Celebration is planned for Sunday, April 30** at Trinity UMC (1100 Lake Drive SE, Grand Rapids, 49506). A short worship service will begin at 2:00 p.m. followed by a reception. RSVP at [Farewell Celebration](#).



**HOLY LAND TOUR 2023:** Bishop David Bard is leading a tour through Educational Opportunities in November 2023. This is open to anyone interested. Go to the link below for all the info. <https://www.eo.travelwithus.com/tours/hl23111323i/#.Y7yYMKROkzY>

Our Michigan Conference is sponsoring **Advocacy Day on March 22** - a day of prayer, public witness, and meetings with elected officials about reducing gun violence. Learn more and register at <https://michiganumc.org/let-our-prayers-move-our-feet/>

## Sunday Servants

### Serving March 5 at 9:00 a.m.

*Worship Leader:* Ken Lockett  
*Ushers:* Jim Post, Karen Post, Peggy Tully  
*Computer:* Luka Ivanov *Camera:* Derek Mertz  
*Sound:* Rob Mertz *FB Host:* Jill McMahon

*Counters:* Bev Layman, Jeanne Funnell

### Serving March 5 at 11:00 a.m.

*Worship Leader:* Brad Hilleary  
*Greeters:* Sheryl Thompson, GL Bates  
*Computer:* Skylar Bosch *Camera:* Aiden Bosch  
*Sound:* Bob Bosch *FB Host:* Jill McMahon  
*Teardown:* Niki & Jimmy Epplert

### Serving March 12 at 9:00 a.m.:

*Worship Leader:* Ken Lockett  
*Ushers:* Fred Yonkers, Pat Yonkers, Rod Moon, Kathy Mertz  
*Computer:* Karen Booth *Camera:* Jean Kelly  
*Sound:* Dave Booth *FB Host:* TBD

*Counters:* Bev Layman, Ed Baranowski

### Serving March 12 at 11:00 a.m.:

*Worship Leader:* Dirk Fuller  
*Greeters:* John Thompson & John Colella  
*Computer:* Jim Grace *Camera:* Jason Colella  
*Sound:* Karen Grace *FB Host:* Niki Epplert  
*Tear down:* Laura Dean, Kelsey Boss

### Serving March 19 at 9:00 a.m.:

*Worship Leader:* Dave Lorenz  
*Ushers:* John Decker, Gayle Decker, Mark Rousell  
*Computer:* Fred Yonkers *Camera:* Pat Yonkers  
*Sound:* TBD *FB Host:* TBD

*Counters:* Cyndi Barefoot, Mike Layman

### Serving March 19 at 11:00 a.m.:

*Worship Leader and Tear down:* Chris Beaudoin  
*Greeters:* Jill Warren & Jill McMahon  
*Computer:* Julie Fuller *Camera:* Jay McMahon  
*Sound:* Arianna Davros *FB Host:* Jeff Verry

### Serving March 26 at 9:00 a.m.:

*Worship Leader:* TBD  
*Ushers:* Dave Stamy, Adam Pyman, Ruth Pyman  
*Computer:* Larry Kasmauski *Camera:* Lisa Kasmauski  
*Sound:* Gary Cooper *FB Host:* Jen Cooper

*Counters:* Madonna Borgerding, Peggy Miller

### Serving March 26 at 11:00 a.m.:

*Worship Leader:* Rose Emmons  
*Greeters:* Jan Pascavis & Jean Kelly  
*Computer:* Brian Mosley *Camera:* Jeff Verry  
*Sound:* Pete Thompson *FB Host:* Jill McMahon  
*Tear down:* GL Bates, Rose Emmons

**Thanks to everyone who serves to make our worship services meaningful, memorable, and accessible!**

## COMMUNITY OPPORTUNITIES



**La Leche League**, the breastfeeding support group for parents, meets on the **second Thurs. of each month at 6:00 p.m.** in the LHUMC nursery – **March 9.** (A light supper of soup will be provided.) Anyone interested in breastfeeding is welcome. The ideal time for parents to begin attending is before arrival of the baby, but many wait until after baby is born. If you know anyone who would benefit from attending, please let them know. Questions? Contact Mary Swisher at 231-777-3238 or text 231-215-4145.

**Norton Shores Police Department** is offering a workshop on **Security Concerns for Places of Worship** on **Thurs., March 9 from 6:00-8:00 p.m.** at Western Michigan Christian High School (455 E. Ellis Rd.). To register, E-mail [Daniel.Hibler@mcd911.net](mailto:Daniel.Hibler@mcd911.net) or call 231-733-2691.

If you're looking for a daily Scripture reading for the season of Lent, here's a way to spend some time in Psalms.

## 30 DAYS IN THE PSALMS

Day	Theme	Passage
1	Blessing	Psalm 67, 72, 84, 128
2	Calling to God	Psalm 4, 5, 22
3	Confidence	Psalm 27, 36, 71, 125
4	Deeds of God	Psalm 9, 18, 118
5	Doubt	Psalm 42, 73, 77
6	Faithfulness of God	Psalm 105, 119: 137–144, 146
7	Fear	Psalm 37, 49, 91
8	Glory of God	Psalm 19, 24, 29
9	God Is a Helper	Psalm 54, 115, 119:169–176
10	Identity	Psalm 8, 139
11	Justice of God	Psalm 7, 26, 82
12	Meditation	Psalm 119:9–16, 41–48
13	Mercy	Psalm 13, 28, 86
14	Music	Psalm 6, 149, 150
15	Nature	Psalm 50, 104, 147, 148
16	Peace	Psalm 23, 133, 119:161–168
17	Power of God	Psalm 68, 93, 135
18	Praise	Psalm, 65, 98, 138
19	Prayer	Psalm 17, 20, 102
20	Protection	Psalm 59, 62, 124
21	Safety in God	Psalm 11, 16, 142, 46
22	Rejoicing	Psalm 30, 47, 97
23	Righteousness	Psalm 1, 15, 112
24	Salvation	Psalm 3, 14, 121
25	Sin and Repentance	Psalm 25, 32, 38, 51
26	Thanksgiving	Psalm 75, 106, 136
27	Trust	Psalm 31, 40, 56
28	Victory	Psalm 21, 76, 144
29	Wisdom	Psalm 90, 107, 111
30	Worship	Psalm 33, 34, 145

# Lake Harbor United Methodist Church

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Norton Shores, MI 49441  
**(231) 798-2181**  
[www.lakeharborumc.org](http://www.lakeharborumc.org)



2023



## What to Give Up...

Give up complaining ...	focus on Gratitude
Give up pessimism ...	become an Optimist
Give up worry ...	trust Divine Providence
Give up bitterness ...	turn to Forgiveness
Give up hatred ...	return Good for evil
Give up negativism ...	be Positive
Give up anger ...	be More Patient
Give up pettiness ...	become Mature
Give up gloom ...	enjoy the Beauty all around you
Give up jealousy ...	pray for Trust
Give up gossiping ...	control your Tongue
Give up sin ...	turn to Virtue
Give up giving up ...	Hang in there!

As we consider “giving up” and “taking on” during Lent, here’s a helpful tool.